

Sclerotherapy Treatments

THE SCHEIBNER CENTRE

About Sclerotherapy

If you have varicose veins or spider veins, the best method is sclerotherapy. This involves injecting concentrated salt solution to treat spider veins and varicose veins without surgery. The clear saline solution irritates the inside lining of the unwanted veins. This irritation results in the patient's own body shrinking and eventually removing the undesirable vessels. This process almost always takes repeat sessions ideally spaced about 2 months apart. Although needles are used, they are the smallest available and therefore not painful. An average session usually takes about a half an hour and there is no downtime.

Pregnancy, standing still for long periods, heredity and hormones will contribute to the vessels forming. If your mother or father have these vessels,

you are also likely to get them. As with everything, prevention is always better than cure. Start treatments early to prevent the vessels from progressing to a larger size and greater extent.

If removal of the current vessels is complete, it will take the next lot of vessels as long to grow in as it did the ones you have now. You may not need another treatment for 5 years or more. If the veins are not completely removed, they are likely to grow back as there is still something to grow into. For this reason, it is best to complete the session of treatments until all or most of the spider veins are gone.

For practical reasons, we inject all the vessels that need treating at one sitting. This also reduces the number of times you have to attend for treatment. The cost is \$275.00 per session. In most cases Medicare rebate is not applicable.



Questions and Answers about Sclerotherapy

Q: How long does the procedure take?

A: The length of a session may be a fifteen to thirty minutes, depending on the extent of the area being treated. We will be happy to tell you more about your treatment and what you can expect during your consultation.

Q: What happens to the saline solution afterwards?

A: It is diluted by your blood, and affects only the segment of the vessel that is in direct contact with the concentrated solution.

Q: Why the need for repeat treatments?

A: The process is very gentle, and it takes a few months for the sclerotherapy and your body to complete its healing cycle before reviewing to see if repeat treatments are necessary.

Q: Is there a way to speed up the process?

A: The ingestion of 1 aspirin tablet every day for 7 days afterwards appears to increase the removal of the veins, with less repeat treatments required for resolution.

Q: How many treatments do I need?

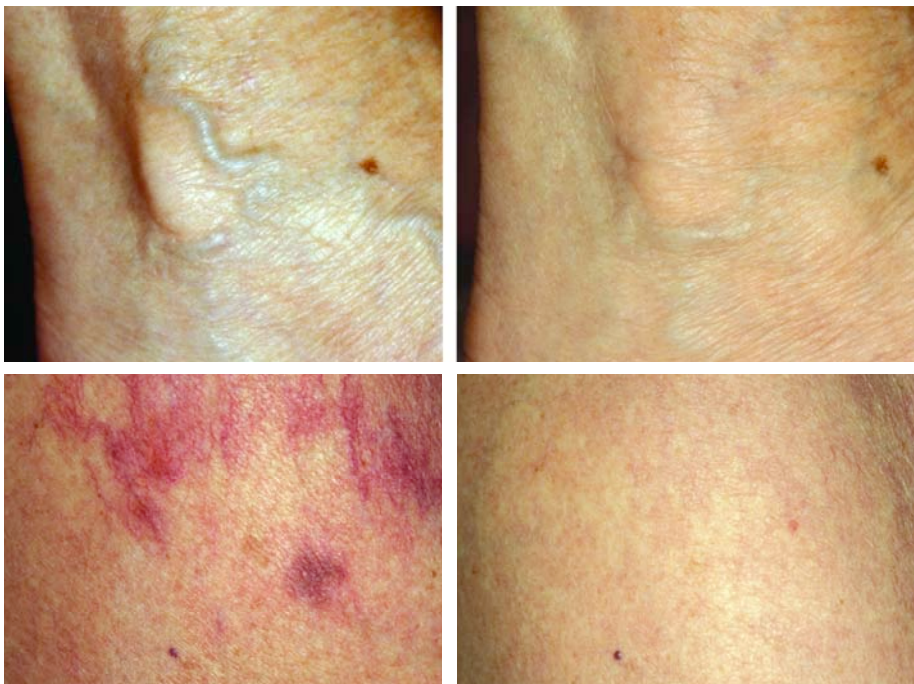
A: The number of repeat treatments for spider veins without aspirin is 4 to 8. Repeat treatments with aspirin is 2 to 4. Varicose veins are easier to treat because the vessel wall is thinner and more susceptible to the effects of the sclerosant. The average number of treatments for varicose veins is 1 to 3 with aspirin and 2 to 6 without aspirin.

Scheduling a consultation:

For more information or to schedule a consultation please phone us on 02 9327 8544 or email us: info@eternallyyoung.com.au

Individual results may vary.

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Before and after sclerotherapy on varicose veins (top) and spider veins (bottom).